



Community Services Professional Development

Thursday, April 25, 2013

Conference Center at the **Maritime Institute**
692 Maritime Blvd, Linthicum Heights, MD 21090

Workshop Program

8:00 am – 8:30 am Registration and Continental Breakfast

8:30 am – 8:45 am ***Welcome and Introduction to the Importance of Getting Around***
Elinor Ginzler, Senior Director, Center for Supportive Services at the Jewish Council for the Aging of Greater Washington

8:45 am – 9:45 am ***The Effects of Aging on Health, Driving & Personal Mobility***
How normal aging can affect health and impact driving ability; age-related conditions that influence driving skills, walking ability, and ability to navigate the travel environment; and how a wellness approach supports safe driving – steps individuals can take to maintain health & **stay safe** on the road.

Barbara Resnick, PhD, RN, CRNP, FAAN, FAANP

Normal changes in health with aging and impact on driving, identification of concerns and what to do to maintain functional and cognitive abilities necessary – even after driving

Timothy Jones OTR/L, CHT, CDRS, CDI, Rehabilitation of Frederick

Complexities of driving & necessary skills (physical & cognitive); case experiences to illustrate

9:45 am – 10:00 am BREAK/Refreshments

10:00 am – 11:30 am ***Assessing Functional Ability & Promoting Driving Longevity***
Medical Review Process – how it works & how it can help; how to identify functional decline (warning signs etc) and role of professionals in addressing functional decline that impacts the ability to stay mobile; identifying resources to help seniors adapt to health conditions and meet their needs, such as CarFit; and identify resources to both family members and professionals working with clients who may be in need of transitioning from driving.

Deondra Jones, Division Manager, Driver Wellness & Safety, MVA

Understanding of medical review process; role of professionals in process; & website resources

Fran Carlin-Rogers, Senior Transportation Consultant, Carlin Rogers Consulting

Addressing functional decline with available programs (CarFit etc)

Jennifer Holz, MS Aging Services, Associate State Director, AARP Maryland State Office

Having the Conversation – when & how, and identifying resources on transitioning

11:30 am – 12:30 pm LUNCH

12:30 pm – 1:30 pm ***Considerations for a Personal Transportation Plan & Helping Families***
Programs, services & resources to help families & clients as they seek to stay engaged in their communities as they age and need mobility options; identify programs from calculating financial value of car ownership to resources available when transitioning from driving to mobility alternatives; and the abc's of using public transit and the role of mobility management to maximize mobility.

Virginia Dize, MS Gerontology, Co-Director, National Center on Senior Transportation (NCST) at the National Association of Area Agencies on Aging (n4a)

Understanding Mobility Management, travel training; importance of connecting with service providers & a central place for information; Applicable tools – ElderCare Locator, Guidelines for Caregivers, ARMT

Catherine R. Willis, LGSW, Director, Queen Anne's Co Department of Community Services

Joanne E. Williams, Director, Baltimore County Department of Aging

Role of the Professionals in Aiding Families; how and what has been put together for local programs in working with the community, transit agencies, et al.

1:30 pm – 1:45 pm BREAK/Refreshments

1:45 pm – 3:00 pm ***Case Presentations of At-Risk Drivers / Practical Application of Today's Information / Discussion of Appropriate Prevention, Intervention, & Resilience***

Cheryl Forehand, RN, Administrative Case Review Nurse, Driver Wellness & Safety, MVA

Elinor Ginzler, Senior Director, Center for Supportive Services at the Jewish Council for the Aging of Greater Washington