



32nd Annual MGA Spring Conference Outlooks on Aging: Renew, Redefine, and Reform June 4, 2014

Conference Sponsors

This conference would not have been possible without the generous support of Charlestown Retirement Community, The Johns Hopkins Geriatric Education Center Consortium, the MD/DC Chapter of the National Gerontological Nurses Association, AARP, and Being There Senior Care.

This conference is co-provided by The Institute for Johns Hopkins Nursing and Vantage House.



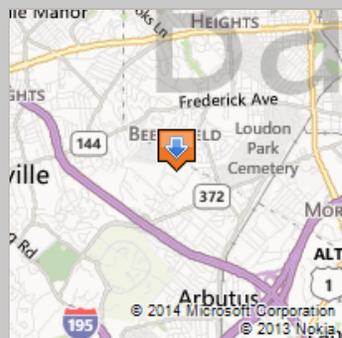
Continuing Education Credits

Social Work: The Maryland Gerontological Association is an approved provider of social work continuing education by the Maryland Board of Social Work Examiners and maintains responsibility for this program. This program has been approved for 5 Category I continuing education credits.

Nursing: This offering has been submitted to The Institute for Johns Hopkins Nursing for nursing continuing education contact hours. The Institute for Johns Hopkins Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Where

Charlestown Retirement Community
715 Maiden Choice Lane
Catonsville, MD 21228



[Driving Directions](#)

8:00-8:45 **Registration, Exhibits, Continental Breakfast**

8:45-9:00 **Welcome and Opening Remarks**

9:00-10:30 **Alzheimer's Disease: The Case for Early Intervention**

The decline of cognitive health—from mild cognitive impairment to dementia—can have a profound effect on an individual's health and well-being, as well as significant public policy and finance implications. Opportunities for maintaining cognitive health are growing as public health professionals gain a better understanding of cognitive decline risk factors and the potential for new interventions. This panel will address current treatments and diagnostic procedures, and evolving concepts emphasizing early diagnosis and treatment. This panel will also review *The Healthy Brain Initiative: The Public Health Road Map for State and National Partnerships*, which outlines how state and local public health agencies and their partners can promote cognitive functioning, address cognitive impairment for individuals living in the community, and help meet the needs of care partners.

Marilyn Albert, PhD, Director of the Division of Cognitive Neuroscience in the Department of Neurology at Johns Hopkins University School of Medicine and Director of the Johns Hopkins Alzheimer's Disease Research Center

Bill Benson, Managing Partner, Health Benefits ABCs and Consultant to Healthy Aging Program, Center for Disease Control

Moderator: **Ernestine Jones Jolivet**, Member, Alzheimer's Association, Greater Maryland, Board of Directors

10:30-11:00 **Break**

11:00-12:00 **Long Term Care Reform: What's Next in Maryland?**

This workshop will provide an overview of rebalancing initiatives in Maryland related to long term care services and supports including accomplishments to date and the steps for moving forward. Participants will learn how these changes have affected home and community based service options for older adults and persons with disabilities in Maryland.

Lorraine Nawara, Deputy Director for Community Integration, Department of Health and Mental Hygiene

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Lunch Sponsors



Spring Conference Planning Committee

Ilene Rosenthal, MSW, MGA Conference Chair*
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John Parrish, PhD, MBA, CNPS*
Karen Sylvester, MPA*
Virginia M Thomas, MSW, ACSW, President of MGA*
*Member, MGA Board of Directors

Conference Objectives

By attending the conference participants will be able to:

- Understand risk factors of cognitive decline, the rationale for an accurate and timely diagnosis, strategies to maintain brain health, and the latest research.
- Understand the roles of public health and the aging services network in the Healthy Brain Initiative and how state and local public health agencies and their partners can promote cognitive functioning, address cognitive impairment for individuals living in the community, and help meet the needs of care partners.
- Understand the timeline and implementation of long term care reform initiatives in Maryland including Community First Choice, Balancing Incentive Program, Maryland Access Point, and new screening and assessment procedures, and how they are expected to change access to home and community-based service options by older adults and persons with disabilities.
- Understand how ancient healing traditions are being used to improve the health and quality of life of older adults.
- Identify the implications and consequences of sensory deprivation in older adults and new services and resources for those with hearing and vision loss.

Teja Rau, Acting Chief, Long Term Supports and Services, Maryland Department of Aging

Moderator: **Karen Sylvester**, Acting Division Manager, Prince George's County Department of Family Services, Aging Services Division

12:00-1:30 **Lunch**

1:30-2:30 **Redefining Aging: A Perspective from Other Healing Traditions**

Ancient traditions richly inform current evidence-based trends in redefining and revitalizing the experience of aging. These traditions provide much-needed wisdom as we strive to improve the health and quality of life of older adults. For instance, ancient traditions teach that acceptance of life exactly as it shows up each day is an essential ingredient for a happy life. This session will illustrate how we can potentially apply insights and practices drawn from ancient traditions in the context of providing supports and services in partnership with older persons.

Robert Duggan, M.A., M.Ac.(UK), Dipl. Ac. (NCCAOM), L.Ac., Practitioner/Teacher at Wisdomwell and Maryland University of Integrated Health

Susan Duggan, M.Ac., L.Ac., Dipl.Ac. (NCCAOM), Practitioner/Teacher at Wisdomwell and Maryland University of Integrated Health

Moderator: **John Parrish**, Board Member, Maryland Gerontological Association

2:30-4:00 **Senses and "Sense-ability"**

Health care professionals often underestimate the impact of sensory deprivation in older adults. Visual and/or hearing impairments can make communicating with the outside world a challenge, leading to a withdrawal from social interaction, isolation, and a decreased quality of life. There may also be medical consequences including mental health conditions and increased falls risk. This session will review some of the issues related to hearing and vision impairment in older adults and resources for working with this population.

Lisa Kornberg, Director, Governor's Office for Deaf and Hard of Hearing

Tiffany Chan, O.D., Instructor of Ophthalmology, Low Vision and Rehabilitation Service, The Wilmer Eye Institute, The Johns Hopkins School of Medicine

Moderator: **Janet Kurland**, Senior Care Specialist, Jewish Community Services

4:00 **Conclusion**

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