



The Maryland Gerontological Association

35th Annual Conference

The Hidden Epidemic: Substance Use, Misuse, and Abuse in Older Adults



LOCATION

Tuesday, June 20, 2017
8:00 a.m-4:00 p.m
The Meeting House
5885 Robert Oliver Place
Columbia, MD 21045

MEMBERSHIP

Membership in the MGA entitles you to discounted rates at the annual spring conference, which offers access to the latest trends, research and policies in aging. In addition, membership includes peer contact through additional networking breakfasts and events.

REGISTRATION

The Annual Spring Conference registration fee includes continental breakfast, luncheon, conference materials and social work continuing education certificates for members and non-members. You are invited to join the MGA now and qualify for discounted registration for this conference.

EXHIBITORS & SPONSORS

All of the sponsor and exhibitor fees include 2 attendee registrations. Exhibitor space is in the conference hall which enhances networking and enables you to attend the conference. In addition, Social Work CEU's are included in the registration fees

CEU

The Maryland Gerontological Association is an approved sponsor of the Maryland Board of Social Work Examiners for Continuing Education for licensed social workers in Maryland and maintains responsibility for this program. The training is approved for 5 hours of Category I continuing education units. .

TUESDAY JUNE 20, 2017

The Meeting House
Columbia, Maryland

SOMERFORD PLACE
ALZHEIMER'S ASSISTED LIVING

FIVE STAR SENIOR LIVING



Vantage
House



The Johns Hopkins Geriatric Workforce Enhancement Program

This conference would not have been possible without the generous support of our Conference Sponsors The Johns Hopkins Geriatric Workforce Enhancement Program, Somerford Place Alzheimers Assisted Living, and the Vantage House.



Conference Program

June 20, 2017

8:00 - 8:45 a.m.

Registration, Exhibits and Continental Breakfast

Breakfast sponsored by Charlotte Hall Veterans Home and Maryland Access Point



MARYLAND ACCESS POINT
YOUR LINK TO HEALTH & SUPPORT SERVICES

8:45 - 9:00 a.m.

Welcome and Opening Remarks

Virginia M. Thomas, MSW, ACSW MGA President

Honorable Rona E. Kramer, Secretary of Aging, Maryland

Sybil Greenhut, APRN, BC Montgomery County Health Services for Seniors and Persons with Disabilities

Marina Nellius, MedStar Total Elder Care

9:00 - 10:00 a.m.

Keynote: Identification and Treatment of Older Adults: All Providers have a Role.

David Oslin, MD, Professor of Psychiatry, University of Pennsylvania, Chief of Behavioral Health, Philadelphia VA Health Care

Late life abuse of alcohol, tobacco, medications and illicit drugs often goes unrecognized by many healthcare providers. Even when there is suspicion or recognition, many providers feel ill-equipped to address these issues. Treatment starts with the first provider that a patient encounters. It is important to identify and participate in older adults care. There are established treatments for older adults that everyone can learn to deliver. It is important to consider that older adults can reduce their use and will greatly benefit in their health and well-being.

Moderator: Marina Nellius, MedStar Total Elder Care

10:00 - 10:45 a.m.

Alcohol: Use and Abuse

Kim Burton, Director of Older Adult Programs for the Mental Health Association of Maryland (MHAMD)

Older adults are more vulnerable to negative consequences and disorders related to the use of alcohol. As a society, we need to provide education to older adults and caregivers regarding the risks so that people make informed decisions about drinking. This presentation will explore the physical mental and social issues of late-life alcohol use and will inform participants about geriatric appropriate assessment, treatment, and recovery strategies.

Moderator: Marsha Ansel, Howard County Mental Health Authority

10:45 - 11:15 a.m.

Networking/Break/Vendor Visits

11:15 - 12:00 p.m.

Opiates: Use and Abuse

Mark L. O'Brien, Director of Opioid Overdose Prevention and Treatment, Baltimore City

Like much of the country, Maryland is in the midst of an epidemic of opioid addiction and overdose deaths. Over 2,000 people lost their lives to overdose in Maryland in 2016. The disease of addiction knows no boundaries and affects Maryland residents of all ages, including seniors. This presentation will discuss the causes and magnitude of the epidemic, demographic characteristics of its victims, including age, and available options for treatment and harm reduction. It will include a demonstration of the way to respond to an opioid overdose using the overdose reversal medication naloxone.

Moderator: Deborah Adler, LeadingAge Maryland



Conference Program

June 20, 2017

12:00 - 1:30 p.m. Lunch and Awards

Lunch sponsored by Brooke Grove Retirement and the Doctoral Program in Gerontology UMB and UMBC



1:30 - 3:00 p.m. Prescription & OTC Medications: Use and Abuse

C. Alan Lyles, PhD, Henry A. Rosenberg Professor of Public Private and Nonprofit Partnerships, University of Baltimore
Fariborz Zarfeshan, RPh, Alfa Specialty Pharmacy
Sandy Atkins, Partners in Care Foundation

This panel will discuss the risks of polypharmacy in the older adult population, including the long-term use and misuse of scheduled drugs such as pain medications and benzodiazepines. Evidence-based and current initiatives for prevention and treatment will be addressed.

Panel Moderator: Danielle Doberman, MD, MPH, George Washington University School of Medicine & Health Sciences

3:00 - 4:00 p.m. Substance Abuse in the Senior Population: How It Can Happen (2 case studies)

Marsha Ansel, LCSW-C, Howard County Mental Health Authority
Sybil Greenhut, APRN, BC, Montgomery Health Services for Seniors and Persons with Disabilities
Ruth Kershner, MA, MSW, LCSW-C, Montgomery County Core Services/Behavioral Health & Crisis Services
Karen Hull, Mental Health Coordinator, Howard County Office on Aging and Independence

Two case studies will be presented in a dramatization format. Each study will address a different age group within the senior population and characteristics that may present frequently within each cohort. Our "older" senior is dealing with issues related to alcohol abuse while a "younger" senior is seen dealing with issues related to substances of abuse such as prescription medication and illegal drugs. Both roles play demonstrate the importance of an Integrated Care approach in identifying and treating substance

use Moderator: Kim Burton, Director of Older Adult Programs for the Mental Health Association of Maryland

4:00 p.m. Conference conclusion

By attending the conference, participants will be able to :

OBJECTIVES

- Identify the at-risk use of substances in older adults.
- Understand how they can help facilitate and deliver treatment for older adults who have addiction problems.
- Improve their own skills in treatment delivery.
- Identify age-related vulnerabilities and risks regarding the use of alcohol in later life.
- Identify the causes and scope of the opioid addiction and overdose epidemic in Maryland and recognize and respond to an opioid overdose with naloxone.
- Recognize polypharmacy, misuse, and abuse of prescription medications.
- Develop an appropriate plan to promote safe medication use.
- Identify two specific cohorts within the senior population that may present with different substance abuse issues.
- Obtain an understanding of Integrated Care in treating older adults with substance abuse issues.



MGA Membership & Conference Registration



MGA MEMBERSHIP

Time to renew or join the MGA?

The Annual Spring Conference registration fee includes continental breakfast, luncheon, conference materials and social work continuing education certificates for members and non-members. You are invited to join the MGA now and qualify for discounted registration for this conference.

Individual Membership: \$50

Organization Membership: \$250 (includes 10 memberships)

Senior (60+) or Student Membership: \$30

Join the MGA or renew your membership **during the registration for the conference to qualify for the discounted rate.**



REGISTRATION

Conference registration fees:

The Annual Spring Conference registration fee includes continental breakfast, luncheon, conference materials and social work continuing education certificates for members and non-members.

	MGA MEMBER	NON-MGA MEMBER
INDIVIDUAL	\$90	\$110
ORGANIZATION	\$90	\$110
STUDENT	\$50	\$50
SENIOR (60+)	\$50	\$50

***Students and Seniors will need to register at the Individual Rate (\$90) for the Conference to receive SW CEU's.**

*Students need to provide a copy of full time student ID

*All registrants need to individually sign up for the conference, with the exception of our Organization memberships. Organization members may all register at one time if an existing Organization membership exists and pay the \$90/per person rate.

Please email me at mdgero@gmail.com with any questions or issues regarding MGA's membership registration or MGA's Annual Conference registration.

Amy Stipe

MGA Program Coordinator