



# Partners In Care Maryland

*Exchanging Time, Creating Community  
since 1993*

# Responding to a Need

- **Aging In Place**
- **“Baby Boomer” Surge**
- **Income Disparity**
- **Economic Challenges**



**Partners In Care Maryland empowers older adults to remain independent in their own homes.**

*Through innovative reciprocity programs participants contribute to the well-being of each other.*



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# Time Exchange – *Reweaving Our Social Fabric*

- **Intentionally Encourage *Reciprocity***
- **Asset Mapping – *building a talent bank***
- **“Parity Not Charity”  
*affirm independence with dignity***



# How It Works!

- Each Member is interviewed in own home
- Everyone is asked about talents and needs
- Brokering is monitored, computerized
- Arm-to-arm, door-door services and tasks

*Time exchange allows seniors to live with independence and dignity as vital members of their own community*



“Ginny”  
Transportation  
Sewing

Spring replacement  
Medical Advocacy

“Jim”  
Handyman  
Advocate

Pick up **mail**





“Rachel”  
Cooking  
Managing Groups

Gardening Help

“Dino”  
Energy  
Lift and Carry

Community Service



# A Culture of Care - How It Works!

## Neighbors Helping Each Other



**Helga picks up mail for Jim**



**John drives Helga to the doctor**

**Sandy gives Ginny a ride to PT**

**Rachel is a matchmaker**



**Helga donates fabric to PIC**

**Dino helps Rachel mulch her garden**

**Ginny gives John a ride to his cardiologist**

**Sandy gives Rose a ride to the grocery store**

**Staff help John find options**

**Rose makes calls members for surveys**

**John supervises Dino's class for yard clean up**





# Ride Partners

- **Supportive Transportation Services**
  - gentle support
  - physical support
  - activity support
- **Independence of mobility**
- **Multiple destinations**
- **7,228 Rides, 119,311 miles, 321 drivers**



# Repairs With Care

Repairs and maintenance for safety, security, neighborhood “health” and peace of mind



467 tasks

82

handymen



***-Small jobs overlooked by contractors***

***-Maintenance/yard work needing many hands***

# Emergency and Safety

- **Emergency Kits for Seniors-  
300 active kits**
- **Lifeline – 402 subscribers**



# Community Building

- “Warm Houses”
  - 144 Participants
  - 16 Events



- The Boutique –  
123 – Participants  
\$201 K Community Donations

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# Creating a Network of Care

## Partners In Care Maryland

### *A Time Exchange Network*

- Anne Arundel County
- Frederick County
- Brooklyn/Brooklyn Park – Baltimore
- Upper Shore Aging – Easton

[www.partnersincare.org](http://www.partnersincare.org)

*Do what you can, with what you have, where  
you are....T Roosevelt*



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